

# PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: UZKZ

Coachinfo: Warming up from: 13:00 until 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mabbe Andy

Coaches: Demeyere Kristof HEADCOACH

Coaches: Veys Lies

Coaches: Spincemaille Laura

Coaches: Planckaert Pieter

Coaches: Vanden Abeele Syl

Coaches: Heyligen Bert

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 12: 100M FREESTYLE WOMEN 11+ Heat:2, starttime: 14:15**

**Heat: 2/13 Lane : 5 Athlete: VANDENBULCKE FELI Q-time: 01:26:60**

**PB (50m pool): 01:45.71 Kortrijk 16/02/2025 PB (25m pool): 01:26.60 SB: no time**

	<b>50 M</b>	<b>100 M</b>	
<b>PB</b>	00:48.08	01:45.71	
	00:48.08	00:57.63	
	. . . . .	. . . . .	

Coach feedback:

**Event number: 12: 100M FREESTYLE WOMEN 11+ Heat:3, starttime: 14:17**

**Heat: 3/13 Lane : 4 Athlete: BREDA MAUD Q-time: 01:21:06**

**PB (50m pool): 01:34.53 Kortrijk 16/02/2025 PB (25m pool): 01:21.06 SB: no time**

	<b>50 M</b>	<b>100 M</b>	
<b>PB</b>	00:43.15	01:34.53	
	00:43.15	00:51.38	
	. . . . .	. . . . .	

Coach feedback:

**Event number: 12: 100M FREESTYLE WOMEN 11+ Heat:6, starttime: 14:24**

**Heat: 6/13 Lane : 2 Athlete: DHUYVETTER EM Q-time: 01:15:89**

**PB (50m pool): 01:21.93 Antwerp 02/02/2025 PB (25m pool): 01:15.89 SB: no time**

	<b>50 M</b>	<b>100 M</b>	
<b>PB</b>	00:38.38	01:21.93	
	00:38.38	00:43.55	
	. . . . .	. . . . .	

Coach feedback:

# PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: UZKZ

<b>Event number: 12: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:6, starttime: 14:24</b>	
<b>Heat: 6/13 Lane : 9 Athlete: VANCAMELBEKE LOTTE</b>		<b>Q-time: 01:17:23</b>	
PB (50m pool): 01:19.95 Antwerpen 20/07/2025		PB (25m pool): 01:17.23 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:37.50	01:19.95	
	00:37.50	00:42.45	
	.....	.....	

Coach feedback:

<b>Event number: 12: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:7, starttime: 14:25</b>	
<b>Heat: 7/13 Lane : 4 Athlete: POPPE CÉLESTE</b>		<b>Q-time: 01:12:59</b>	
PB (50m pool): 01:15.83 Antwerpen 13/07/2025		PB (25m pool): 01:12.59 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:37.05	01:15.83	
	00:37.05	00:38.78	
	.....	.....	

Coach feedback:

<b>Event number: 12: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:7, starttime: 14:25</b>	
<b>Heat: 7/13 Lane : 8 Athlete: TUYTENS LAURE</b>		<b>Q-time: 01:14:38</b>	
PB (50m pool): 01:17.10 Antwerpen 20/07/2025		PB (25m pool): 01:14.38 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:36.50	01:17.10	
	00:36.50	00:40.60	
	.....	.....	

Coach feedback:

<b>Event number: 12: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:8, starttime: 14:27</b>	
<b>Heat: 8/13 Lane : 7 Athlete: VANDEMAELE ELLIE</b>		<b>Q-time: 01:10:91</b>	
PB (50m pool): 01:14.25 Kortrijk 16/02/2025		PB (25m pool): 01:10.91 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:35.29	01:14.25	
	00:35.29	00:38.96	
	.....	.....	

Coach feedback:

# PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: UZKZ

<b>Event number: 12: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:8, starttime: 14:27</b>	
<b>Heat: 8/13 Lane : 8 Athlete: HUYSENTRUYT FLORE-MARIE</b>		<b>Q-time: 01:12:06</b>	
PB (50m pool): 01:15.02 Antwerpen 13/07/2025		PB (25m pool): 01:12.06 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:35.97	01:15.02	
	00:35.97	00:39.05	
	.....	.....	

Coach feedback:

<b>Event number: 12: 100M FREESTYLE WOMEN 11+</b>		<b>Heat:11, starttime: 14:33</b>	
<b>Heat: 11/13 Lane : 1 Athlete: BONASSI HéLÈNE</b>		<b>Q-time: 01:04:56</b>	
PB (50m pool): 01:04.79 Antwerpen 20/07/2025		PB (25m pool): 01:04.56 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:30.67	01:04.79	
	00:30.67	00:34.12	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:1, starttime: 14:38</b>	
<b>Heat: 1/11 Lane : 5 Athlete: VANLERBERGHE MATTHIAS</b>		<b>Q-time: 01:14:39</b>	
PB (50m pool): 01:16.15 Antwerpen 13/07/2025		PB (25m pool): 01:14.39 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:36.62	01:16.15	
	00:36.62	00:39.53	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:1, starttime: 14:38</b>	
<b>Heat: 1/11 Lane : 9 Athlete: VANDEPUTTE RUBE</b>		<b>Q-time: 01:28:14</b>	
PB (50m pool): 01:39.33 Antwerpen 13/07/2025		PB (25m pool): 01:28.14 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:46.74	01:39.33	
	00:46.74	00:52.59	
	.....	.....	

Coach feedback:

# PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: UZKZ

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:2, starttime: 14:40</b>	
<b>Heat: 2/11 Lane : 2 Athlete: HEYLIGEN FELL</b>		<b>Q-time: 01:11:64</b>	
PB (50m pool): 01:15.97 Antwerp 02/02/2025		PB (25m pool): 01:11.64 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:36.53	01:15.97	
	00:36.53	00:39.44	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:2, starttime: 14:40</b>	
<b>Heat: 2/11 Lane : 8 Athlete: DE BAERE ARNAUD</b>		<b>Q-time: 01:12:89</b>	
PB (50m pool): 01:18.75 Kortrijk 16/02/2025		PB (25m pool): 01:12.89 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:36.59	01:18.75	
	00:36.59	00:42.16	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:3, starttime: 14:42</b>	
<b>Heat: 3/11 Lane : 4 Athlete: RéADY SEPPE</b>		<b>Q-time: 01:07:25</b>	
PB (50m pool): 01:14.07 Antwerpen 13/07/2025		PB (25m pool): 01:07.25 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:35.71	01:14.07	
	00:35.71	00:38.36	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:3, starttime: 14:42</b>	
<b>Heat: 3/11 Lane : 8 Athlete: BOHIJN MILO</b>		<b>Q-time: 01:09:67</b>	
PB (50m pool): 01:13.18 Antwerpen 20/07/2025		PB (25m pool): 01:09.67 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:34.88	01:13.18	
	00:34.88	00:38.30	
	.....	.....	

Coach feedback:

# PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: UZKZ

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:4, starttime: 14:44</b>	
<b>Heat: 4/11 Lane : 1 Athlete: MOENENS MATTEO</b>		<b>Q-time: 01:06:26</b>	
PB (50m pool): 01:08.48 Antwerpen 13/07/2025		PB (25m pool): 01:06.26 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:33.09	01:08.48	
	00:33.09	00:35.39	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:5, starttime: 14:46</b>	
<b>Heat: 5/11 Lane : 8 Athlete: HUYGHEBAERT JULES</b>		<b>Q-time: 01:04:74</b>	
PB (50m pool): 01:08.74 Kortrijk 04/05/2025		PB (25m pool): 01:04.74 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:32.14	01:08.74	
	00:32.14	00:36.60	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:6, starttime: 14:48</b>	
<b>Heat: 6/11 Lane : 9 Athlete: HEYLIGEN LUTZ</b>		<b>Q-time: 01:02:96</b>	
PB (50m pool): 01:06.55 Antwerpen 13/07/2025		PB (25m pool): 01:02.96 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:32.18	01:06.55	
	00:32.18	00:34.37	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:7, starttime: 14:49</b>	
<b>Heat: 7/11 Lane : 4 Athlete: MEERT TOMAS</b>		<b>Q-time: 00:59:56</b>	
PB (50m pool): 01:02.56 Antwerpen 14/07/2024		PB (25m pool): 00:59.56 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	no time	01:02.56	
	no time		
	.....	.....	

Coach feedback:

# PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: UZKZ

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:8, starttime: 14:51</b>	
<b>Heat: 8/11 Lane : 0 Athlete: HELLIN TIBO</b>		<b>Q-time: 00:59:34</b>	
PB (50m pool): 01:02.71 Antwerpen 13/07/2025		PB (25m pool): 00:59.34 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:30.01	01:02.71	
	00:30.01	00:32.70	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:8, starttime: 14:51</b>	
<b>Heat: 8/11 Lane : 1 Athlete: VERFAILLIE THOMAS</b>		<b>Q-time: 00:59:30</b>	
PB (50m pool): 01:02.14 Antwerpen 13/07/2025		PB (25m pool): 00:59.30 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:29.72	01:02.14	
	00:29.72	00:32.42	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:8, starttime: 14:51</b>	
<b>Heat: 8/11 Lane : 3 Athlete: BALCAEN SANDER</b>		<b>Q-time: 00:58:91</b>	
PB (50m pool): 01:02.70 Kortrijk 04/05/2025		PB (25m pool): 00:58.91 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:30.38	01:02.70	
	00:30.38	00:32.32	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:8, starttime: 14:51</b>	
<b>Heat: 8/11 Lane : 9 Athlete: HUYSENTRUYT FERRE-LOUIS</b>		<b>Q-time: 00:59:49</b>	
PB (50m pool): 01:01.43 Antwerpen 13/07/2025		PB (25m pool): 00:59.49 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:29.33	01:01.43	
	00:29.33	00:32.10	
	.....	.....	

Coach feedback:

# PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: UZKZ

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:9, starttime: 14:53</b>	
<b>Heat: 9/11 Lane : 0 Athlete: DEMEYERE LARS</b>		<b>Q-time: 00:58:63</b>	
PB (50m pool): 01:01.10 Antwerpen 20/07/2025		PB (25m pool): 00:58.63 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:29.33	01:01.10	
	00:29.33	00:31.77	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:11, starttime: 14:56</b>	
<b>Heat: 11/11 Lane : 2 Athlete: BEUNENS ILIAN</b>		<b>Q-time: 00:54:11</b>	
PB (50m pool): 00:56.41 Kortrijk 04/05/2025		PB (25m pool): 00:54.11 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:27.18	00:56.41	
	00:27.18	00:29.23	
	.....	.....	

Coach feedback:

<b>Event number: 13: 100M FREESTYLE MEN 13+</b>		<b>Heat:11, starttime: 14:56</b>	
<b>Heat: 11/11 Lane : 5 Athlete: MABBE ELIAN</b>		<b>Q-time: 00:51:41</b>	
PB (50m pool): 00:51.41 Antwerp 09/02/2025		PB (25m pool): 00:49.89 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:24.78	00:51.41	
	00:24.78	00:26.63	
	.....	.....	

Coach feedback:

<b>Event number: 14: 50M BREASTSTROKE WOMEN 13+</b>		<b>Heat:1, starttime: 14:58</b>	
<b>Heat: 1/3 Lane : 5 Athlete: CALLENS MARGAUX</b>		<b>Q-time: 00:44:93</b>	
PB (50m pool): 00:52.21 Izegem 22/06/2024		PB (25m pool): 00:44.93 SB: no time	
	<b>50 M</b>		
PB	00:52.21		
	00:52.21		
	.....		

Coach feedback:

# PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: UZKZ

<b>Event number: 14: 50M BREASTSTROKE WOMEN 13+</b>		<b>Heat:1, starttime: 14:58</b>
<b>Heat: 1/3 Lane : 7 Athlete: BLEUZé DAKOTA</b>		<b>Q-time: 00:46:75</b>
PB (50m pool): no time		PB (25m pool): 00:46.75 SB: no time
	<b>5 0 M</b>	
PB	no time	
	<i>no time</i>	
	. . . . .	

Coach feedback:

<b>Event number: 14: 50M BREASTSTROKE WOMEN 13+</b>		<b>Heat:2, starttime: 14:59</b>
<b>Heat: 2/3 Lane : 9 Athlete: VANDEMAELE ELLIE</b>		<b>Q-time: 00:42:27</b>
PB (50m pool): 00:42.27 Seraing 26/01/2025		PB (25m pool): 00:43.28 SB: no time
	<b>5 0 M</b>	
PB	00:42.27	
	<i>00:42.27</i>	
	. . . . .	

Coach feedback:

<b>Event number: 14: 50M BREASTSTROKE WOMEN 13+</b>		<b>Heat:3, starttime: 15:01</b>
<b>Heat: 3/3 Lane : 6 Athlete: PARMENTIER LORE</b>		<b>Q-time: 00:37:05</b>
PB (50m pool): 00:35.98 Brugge 02/03/2024		PB (25m pool): 00:36.07 SB: no time
	<b>5 0 M</b>	
PB	00:35.98	
	<i>00:35.98</i>	
	. . . . .	

Coach feedback:

<b>Event number: 14: 50M BREASTSTROKE WOMEN 13+</b>		<b>Heat:3, starttime: 15:01</b>
<b>Heat: 3/3 Lane : 7 Athlete: LIBBRECHT ZOë</b>		<b>Q-time: 00:37:12</b>
PB (50m pool): no time		PB (25m pool): 00:37.12 SB: no time
	<b>5 0 M</b>	
PB	no time	
	<i>no time</i>	
	. . . . .	

Coach feedback:

# PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: UZKZ

<b>Event number: 15: 50M BREASTSTROKE MEN 13+</b>		<b>Heat:1, starttime: 15:02</b>
<b>Heat: 1/4 Lane : 3 Athlete: DE BAERE ARNAUD</b>		<b>Q-time: 00:51:92</b>
PB (50m pool): 00:51.13 Lago Kortrijk Weide 28/04/2024 PB (25m pool): 00:51.92 SB: no time		
	<b>50 M</b>	
PB	00:51.13	
	00:51.13	
	.....	

Coach feedback:

<b>Event number: 15: 50M BREASTSTROKE MEN 13+</b>		<b>Heat:1, starttime: 15:02</b>
<b>Heat: 1/4 Lane : 4 Athlete: VANDEPUTTE RUBE</b>		<b>Q-time: 00:48:23</b>
PB (50m pool): no time PB (25m pool): 00:48.23 SB: no time		
	<b>50 M</b>	
PB	no time	
	no time	
	.....	

Coach feedback:

<b>Event number: 15: 50M BREASTSTROKE MEN 13+</b>		<b>Heat:2, starttime: 15:04</b>
<b>Heat: 2/4 Lane : 7 Athlete: BOHIJN MILO</b>		<b>Q-time: 00:43:41</b>
PB (50m pool): 00:51.35 Lago Kortrijk Weide 28/04/2024 PB (25m pool): 00:43.41 SB: no time		
	<b>50 M</b>	
PB	00:51.35	
	00:51.35	
	.....	

Coach feedback:

<b>Event number: 15: 50M BREASTSTROKE MEN 13+</b>		<b>Heat:2, starttime: 15:04</b>
<b>Heat: 2/4 Lane : 8 Athlete: VANLERBERGHE MATTHIAS</b>		<b>Q-time: 00:44:97</b>
PB (50m pool): 00:50.89 Izegem 22/06/2024 PB (25m pool): 00:44.97 SB: no time		
	<b>50 M</b>	
PB	00:50.89	
	00:50.89	
	.....	

Coach feedback:

# PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: UZKZ

<b>Event number: 15: 50M BREASTSTROKE MEN 13+</b>		<b>Heat:3, starttime: 15:05</b>
<b>Heat: 3/4 Lane : 3 Athlete: HUYGHEBAERT JULES</b>		<b>Q-time: 00:37:09</b>
PB (50m pool): 00:40.16 Kortrijk 04/05/2025		PB (25m pool): 00:37.09 SB: no time
	<b>5 0 M</b>	
PB	00:40.16	
	00:40.16	
	.....	

Coach feedback:

<b>Event number: 15: 50M BREASTSTROKE MEN 13+</b>		<b>Heat:3, starttime: 15:05</b>
<b>Heat: 3/4 Lane : 7 Athlete: RéADY SEPPE</b>		<b>Q-time: 00:39:19</b>
PB (50m pool): 00:41.07 Seraing 26/01/2025		PB (25m pool): 00:39.19 SB: no time
	<b>5 0 M</b>	
PB	00:41.07	
	00:41.07	
	.....	

Coach feedback:

<b>Event number: 15: 50M BREASTSTROKE MEN 13+</b>		<b>Heat:3, starttime: 15:05</b>
<b>Heat: 3/4 Lane : 9 Athlete: HEYLIGEN LUTZ</b>		<b>Q-time: 00:40:13</b>
PB (50m pool): no time		PB (25m pool): 00:40.13 SB: no time
	<b>5 0 M</b>	
PB	no time	
	no time	
	.....	

Coach feedback:

<b>Event number: 15: 50M BREASTSTROKE MEN 13+</b>		<b>Heat:4, starttime: 15:07</b>
<b>Heat: 4/4 Lane : 9 Athlete: HELLIN TIBO</b>		<b>Q-time: 00:35:23</b>
PB (50m pool): 00:38.70 Brugge 15/03/2025		PB (25m pool): 00:35.23 SB: no time
	<b>5 0 M</b>	
PB	00:38.70	
	00:38.70	
	.....	

Coach feedback:

# PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: UZKZ

<b>Event number: 16: 100M BACKSTROKE WOMEN 11-12</b>		<b>Heat:2, starttime: 15:11</b>	
<b>Heat: 2/5 Lane : 8 Athlete: VANDENBULCKE FELI</b>		<b>Q-time: 01:40:18</b>	
PB (50m pool): no time		PB (25m pool): 01:40.18 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	no time	no time	
	<i>no time</i>		
	.....	.....	

Coach feedback:

<b>Event number: 16: 100M BACKSTROKE WOMEN 11-12</b>		<b>Heat:3, starttime: 15:14</b>	
<b>Heat: 3/5 Lane : 1 Athlete: BREDA MAUD</b>		<b>Q-time: 01:34:36</b>	
PB (50m pool): no time		PB (25m pool): 01:34.36 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	no time	no time	
	<i>no time</i>		
	.....	.....	

Coach feedback:

<b>Event number: 16: 100M BACKSTROKE WOMEN 11-12</b>		<b>Heat:4, starttime: 15:17</b>	
<b>Heat: 4/5 Lane : 0 Athlete: VANCAMELBEKE LOTTE</b>		<b>Q-time: 01:29:62</b>	
PB (50m pool): 01:34.77 Antwerpen 20/07/2025		PB (25m pool): 01:29.62 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:45.79	01:34.77	
	<i>00:45.79</i>	<i>00:48.98</i>	
	.....	.....	

Coach feedback:

<b>Event number: 16: 100M BACKSTROKE WOMEN 11-12</b>		<b>Heat:4, starttime: 15:17</b>	
<b>Heat: 4/5 Lane : 3 Athlete: POPPE CéLESTE</b>		<b>Q-time: 01:26:99</b>	
PB (50m pool): no time		PB (25m pool): 01:26.99 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	no time	no time	
	<i>no time</i>		
	.....	.....	

Coach feedback:

# PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: UZKZ

<b>Event number: 16: 100M BACKSTROKE WOMEN 11-12</b>			<b>Heat:4, starttime: 15:17</b>
<b>Heat: 4/5 Lane : 9 Athlete: DHUYVETTER EM</b>			<b>Q-time: 01:29:76</b>
PB (50m pool): 01:33.78 Antwerpen 13/07/2025		PB (25m pool): 01:29.76 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:45.81	01:33.78	
	<i>00:45.81</i>	<i>00:47.97</i>	
	.....	.....	

Coach feedback:

<b>Event number: 16: 100M BACKSTROKE WOMEN 11-12</b>			<b>Heat:5, starttime: 15:20</b>
<b>Heat: 5/5 Lane : 1 Athlete: TUYTENS LAURE</b>			<b>Q-time: 01:23:77</b>
PB (50m pool): 01:27.22 Antwerpen 20/07/2025		PB (25m pool): 01:23.77 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	00:42.04	01:27.22	
	<i>00:42.04</i>	<i>00:45.18</i>	
	.....	.....	

Coach feedback:

<b>Event number: 18: 200M MEDLEY WOMEN 13+</b>				<b>Heat:2, starttime: 15:41</b>
<b>Heat: 2/6 Lane : 2 Athlete: BLEUZé DAKOTA</b>				<b>Q-time: 03:04:60</b>
PB (50m pool): 03:48.30 Lago Kortrijk Weide 28/04/2024		PB (25m pool): 03:04.60 SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>
PB	no time	no time	no time	03:48.30
	<i>no time</i>			
	.....	.....	.....	.....

Coach feedback:

<b>Event number: 18: 200M MEDLEY WOMEN 13+</b>				<b>Heat:3, starttime: 15:45</b>
<b>Heat: 3/6 Lane : 0 Athlete: CALLENS MARGAUX</b>				<b>Q-time: 02:58:56</b>
PB (50m pool): 03:02.94 Antwerpen 13/07/2025		PB (25m pool): 02:58.56 SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>
PB	00:42.36	01:28.63	02:21.12	03:02.94
	<i>00:42.36</i>	<i>00:46.27</i>	<i>00:52.49</i>	<i>00:41.82</i>
	.....	.....	.....	.....

Coach feedback:

# PK LB W-Vlaanderen: Session: 2: COACH evaluation sheet for TEAM: UZKZ

<b>Event number: 18: 200M MEDLEY WOMEN 13+</b>					<b>Heat:5, starttime: 15:52</b>
<b>Heat: 5/6 Lane : 7 Athlete: BONASSI HÉLÈNE</b>					<b>Q-time: 02:40:04</b>
PB (50m pool): 02:45.79 Antwerpen 20/07/2025			PB (25m pool): 02:40.04 SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	00:36.25	01:18.04	02:08.52	02:45.79	
	00:36.25	00:41.79	00:50.48	00:37.27	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 18: 200M MEDLEY WOMEN 13+</b>					<b>Heat:6, starttime: 15:55</b>
<b>Heat: 6/6 Lane : 3 Athlete: LIBBRECHT ZOë</b>					<b>Q-time: 02:26:46</b>
PB (50m pool): 02:32.55 Antwerpen 20/07/2025			PB (25m pool): 02:26.46 SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	00:32.74	01:12.32	01:57.91	02:32.55	
	00:32.74	00:39.58	00:45.59	00:34.64	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 19: 4x100M FREESTYLE MEN 11+</b>							<b>Heat:2, starttime: 16:24</b>	
<b>Heat: 2/2 Lane : 2 Athlete: TEAM UZKZ 1</b>							<b>Q-time: 03:51:62</b>	
PB (50m pool):			PB (25m pool):		SB:			
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	<b>250 M</b>	<b>300 M</b>	<b>350 M</b>	<b>400 M</b>
PB								
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 19: 4x100M FREESTYLE MEN 11+</b>							<b>Heat:2, starttime: 16:24</b>	
<b>Heat: 2/2 Lane : 9 Athlete: TEAM UZKZ 2</b>							<b>Q-time: 04:19:17</b>	
PB (50m pool):			PB (25m pool):		SB:			
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	<b>250 M</b>	<b>300 M</b>	<b>350 M</b>	<b>400 M</b>
PB								
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback: